

**Dear CFMS Members,**

My name is Cyril O'Brien, and I am an incoming third-year medical student from Dalhousie University. As Dalhousie's Med Soc VP External for the past year, working with the CFMS with such a wonderful group of like-minded individuals has been a privilege.

A little bit about me! I grew up in Halifax, and coming from a multicultural background, I am a proud trilingual thanks to my Lebanese and Irish-Acadian heritage. Having seen my cousin go into federal politics, I have always had a keen interest in policy and advocacy.

Having worked in municipal politics for several years as the Chair and Francophone representative of the Halifax Youth Advisory Committee, I could bring a valuable perspective to the CFMS. While inherently different, municipal politics has taught me a lot about optimizing efficiency, transparency, and engaging stakeholders.

In my year as VP-External, I gained an appreciation for the vital role CFMS plays in medical students' lives in Canada. I played an active part in advertising the many opportunities CFMS provides, including personally attending the NDoA, MDoA, and both AGMs.

One of my favourite memories from my time as VP-External is being Local Chair for the inaugural Atlantic Med Games in Halifax! This is an exciting event for medical students from across the Atlantic Provinces, and I have been working diligently to cultivate stronger relationships in the region!

Please feel free to reach out to me at anytime at [CyrilObrien@dal.ca](mailto:CyrilObrien@dal.ca)!!